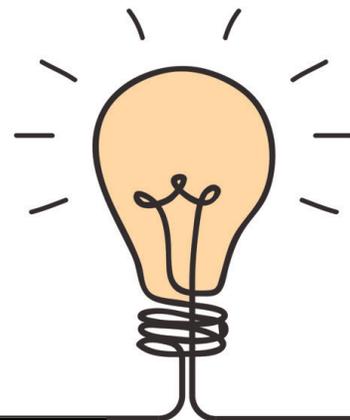


# THE BIG 60

## 60 GREEN TIPS

WITH FRIENDS OF RYE NATURE CENTER



### Green Habits

- Reduce, reuse, recycle!
- Pick up your pet waste.
- Avoid chemical ice melts (things like sand and cat litter are great alternatives).
- Don't transport firewood—burn where you buy.
- Pick up litter.
- Be mindful when giving gifts (use less packaging and recycled wrapping paper or newspaper).
- Take a shorter shower.
- Use hand-me-down clothes/toys from friends and family. Pass yours along too!
- Go a week without any plastic.
- Shop at a thrift store.
- Use reusable shopping bags.
- Buy in bulk.
- Use environmentally-friendly detergent, soap, and cleaning/beauty products.
- Don't use aerosol products.
- Opt-out of junk/pre-screened mail.
- Go paperless for bills.
- Use natural bug spray.
- Repurpose jars and containers for leftovers/storage.
- Reduce single use paper goods and cutlery. Use cloth napkins and towels.
- Properly dispose of unused medications.
- Educate yourself and your family about sustainable practices.

### Gizmos and Gadgets

- Turn your thermostat down in the winter and up in the summer.
- Turn off lights when not in use.
- Invest in an electric or hybrid vehicle.
- Buy high-efficiency appliances.
- Unplug electronic devices when fully charged.
- Run larger appliances (dishwasher, washer/dryer) at night or during off-hours.
- Equip your home with solar energy.
- Close your shades to keep heat in (winter) and out (summer).
- Invest in battery-operated power equipment.
- Unplug appliances and devices when not in use. Use surge protectors or power strips.
- Use energy-efficient light bulbs.
- Get/perform an energy audit.
- Recycle batteries and old electronics.
- Wash your laundry in cold water instead of hot. Line dry your clothes.
- See if you can sign up for green power with your utility company.
- Cut down on driving—carpool, walk, bike, and use public transport.
- Don't idle in your vehicle.
- Make errands as efficient as possible, condense your trips.

### Home & Garden

- Mulch/mow fallen leaves for your garden.
- Mow your grass high.
- Leave grass clippings.
- Start an edible garden (beans, peas, tomatoes, and herbs are easy for beginners).
- Insulate garden beds with natural materials (straw, leaves, etc.)
- Keep storm drains clear so water can flow.
- Use natural fertilizers.
- Use a rain barrel to collect water for your garden, lawn, and house plants.
- Landscape native and plant a pollinator garden
- Plant a tree.
- Get an early start on your garden—plant inside.
- Talk to your gardener about green landscaping practices.
- Volunteer at your favorite, local nature organization.

### Green Eating

- Compost, compost, compost!
- Buy local (and organic)!
- Reduce weekly meat consumption.
- Invest in a reusable mug and water bottle.
- Pack your child (and yourself) a zero-waste lunch.
- Eat fewer take-out meals.
- Don't use plastic straws.
- Read labels. Shop Fair Trade, Food Alliance, etc.